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## Incremental validity and indirect effect of ethical development on work performance

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### ABSTRACT

We modeled work performance as outcomes of individual-differences mediated by technical performance. Beyond the “usual suspects” (e.g., general mental ability, and personality), we also measured the ethical development of participants ( $n = 460$ ). We surmised that ethical development – which has not been extensively studied as a predictor of work performance while controlling for established predictors – captures unique variance in both technical and work performance. Results demonstrated incremental validity for ethical development in predicting technical performance, which in turn predicted work performance. The indirect effect of ethical development was significant too. Our results highlight the importance of process models of performance, which include proximal as well as distal individual differences.

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## 1. Introduction

Individual-differences such as general mental ability (GMA) and personality have important impacts on performance in education and work settings (Barrick & Mount, 1991; Kuncel, Ones, & Sackett, 2010; O'Connor & Paunonen, 2007; Schmidt & Hunter, 1998). Scholars have recently begun to investigate variables that go beyond established predictors (e.g., Leeson, Ciarrochi, & Heaven, 2008). One factor that has not been studied extensively is ethical development.

Although gaining attention (Gatewood & Carroll, 1991; Vitell & Davis, 1990), little is known about how ethical development affects technical and work performance. Also, to our knowledge, no study has examined whether ethical development predicts performance while controlling for GMA and personality. Failure to include known predictors of performance as controls may engender omitted variable bias (Antonakis, Bendahan, Jacquart, & Live, 2010); that is, model coefficients will be incorrectly estimated to the extent that the omitted variables correlate with the outcome and the predictors. Our objective was, therefore, to elucidate the incremental effect of ethical development on performance outcomes.

Furthermore, given that variables, whether based on values, preferences or abilities might be more distally related to performance outcomes – particularly in highly-technical domains where explicitly-taught principles are required for effective performance – we theorized that the effect of the individual differences would indirectly predict work performance. We expected that technical performance, as a proximal predictor, mediates the effects between distal predictors (e.g., individual differences) and work performance (Hunter, 1986; Schmidt & Hunter, 2004). We explain our theory next.

## 2. A process model of performance outcomes

We propose a process model of distal traits (e.g., personality) that predict performance on proximal outcomes (technical performance), which in turn predicts work performance. We suggest too that ethical development should be considered as a distal trait in a more complete model of individual differences.

Ethical development refers to level of cognitive moral reasoning (Rest, 1986). According to Kohlberg (1981) stage developmental theory, individuals vary on their degree of principled ethical reasoning regarding how they conceptualize societal relationships and view justice. Those high on ethical development are likely to exhibit dutifulness and self-discipline, which should translate into a high work ethic and contribute to academic and work perfor-

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mance (particularly in contexts where professional principles and practices that are considered to be normatively good for society are at play). In fact, ethical development and academic performance correlate positively (Cheung, 1999). In a meta-analysis of the Defining Issues Test (DIT), which we used in our study, ethical development was significantly correlated with level of education completion, thus suggesting better knowledge acquisition for those who are higher on moral reasoning (Rest, Thoma, Narvaez, & Bebeau, 1997). Those who are higher on ethical development should be more conscientious and dutiful – in a performance-based way that is not captured by self-reported personality tests – which should predict higher technical performance. Also, because ethical development is more in the realm of preferences it should be relatively independent of GMA.

*H1: Ethical development positively predicts technical performance (beyond the effects of personality and GMA).*

Numerous studies have documented that technical performance (i.e., job knowledge) is critical in determining work performance (Dye, Reck, & Murphy, 1993; Hunter, 1986; Schmidt & Hunter, 2004), particularly in highly complex domains (Tan & Libby, 1997). Without relevant knowledge, it is unlikely that one can perform effectively in a work setting. Important to note here is that knowledge obtained in courses that certify auditors is directly transferable to work situations; thus, although we measured academic performance (grades), variance in this performance measure should predict technical job-related skills. In any case, academic performance is a valid predictor of work performance (Roth, BeVier, Switzer, & Schippmann, 1996). Hence, we surmised that technical performance in an academic setting, which should reflect job knowledge necessary to succeed, would be positively linked to work performance.

*H2: Technical performance positively predicts work performance.*

As noted by Schmidt and Hunter (2004, p. 170), “the major mediating link between GMA and job performance is job knowledge” (see also Hunton, Wier, & Stone, 2000; Libby & Luft, 1993). It is important to note that the specified exogenous variables (e.g., personality, ethical development) should correlate both with the endogenous variables (i.e., technical performance) and with the dependent variable (i.e., work performance) for mediation to be shown. In fact, the estimator we used emulates what two-stage least squares does, which requires that the independent variables overlap both with the mediator and the dependent variable (Antonakis et al., 2010). As noted previously, ability and personality predict work performance directly (Barrick & Mount, 1991; Kuncel, Hezlett, & Ones, 2004; Schmidt & Hunter, 1998); they also predict technical performance. Building on this previous logic, we argue that technical performance mediates the relationship between ethical development and work performance (thus, ethical development should predict work performance too for the mediation hypothesis to hold).

Studies have suggested that ethical development reflects individuals' orientation to comply with established norms and professional standards (Ponemon & Gabhart, 1990). Such compliance may contribute to one's learning and acquisition of technical knowledge. As a result, ethical development is positively related to professional commitment, especially in highly codified professions such as auditing (Jeffrey, Weatherholt, & Lo, 1996; see also Shaub, Finn, & Munter, 1993). Theoretically, individuals with a higher level of ethical development should have a clearer understanding of the importance of their work and its ethical implications to social systems. Such a sense of duty and responsibility will make individuals commit to a stronger work ethic and they should therefore have higher work performance. Furthermore, auditors with higher level of ethical development tend to internal-

ize compliance with accounting standards and codes of conduct, which should contribute to higher work performance (Lampe & Finn, 1992). For example, pharmacists' ethical development can explain a significant amount of the variance in their clinical performance (Latif, 2000). Also, supervisors will more likely perceive ethical and professionally committed individuals as better performer (Mortensen, Smith, & Cavanagh, 1989).

*H3: Technical performance mediates the relationship between ethical development and work performance.*

### 3. Method

#### 3.1. Sample and procedures

Our sample consisted of Swiss French and Swiss German trainee auditors working mainly for multinational auditing firms in Switzerland during the period when they attended a training program organized by the Swiss Academy of Auditing. This program is part of the process to obtain the qualification of a certified auditor. All data were collected on a voluntary and confidential basis. Of 620 participants on the program that we contacted, 460 (74%) accepted to participate. The average age of the participants was 27.58 years,  $SD = 3.08$  (where the mean working age in Switzerland is 42.55 years,  $SD = 14.08$ , Swiss Household Panel, 2008); thus, our sample better reflects working population characteristics than do typical student samples that use much younger participants (i.e., 18–20 years).

We administered a GMA test as well as a demographic questionnaire during class time; participants completed the personality and ethical development measures during their free time and returned them to us either in person or by postal mail. Apart from individual-differences measures, we obtained work-performance measures on the trainee auditors completed by the trainees' supervisors, whom we contacted directly; we also obtained measures of trainees' technical performance (i.e., grades) from the program administrators of the Academy. Because we collected data at various times, with different instruments and from different sources, we avoided, to a large extent, problems associated with common method bias (Antonakis et al., 2010).

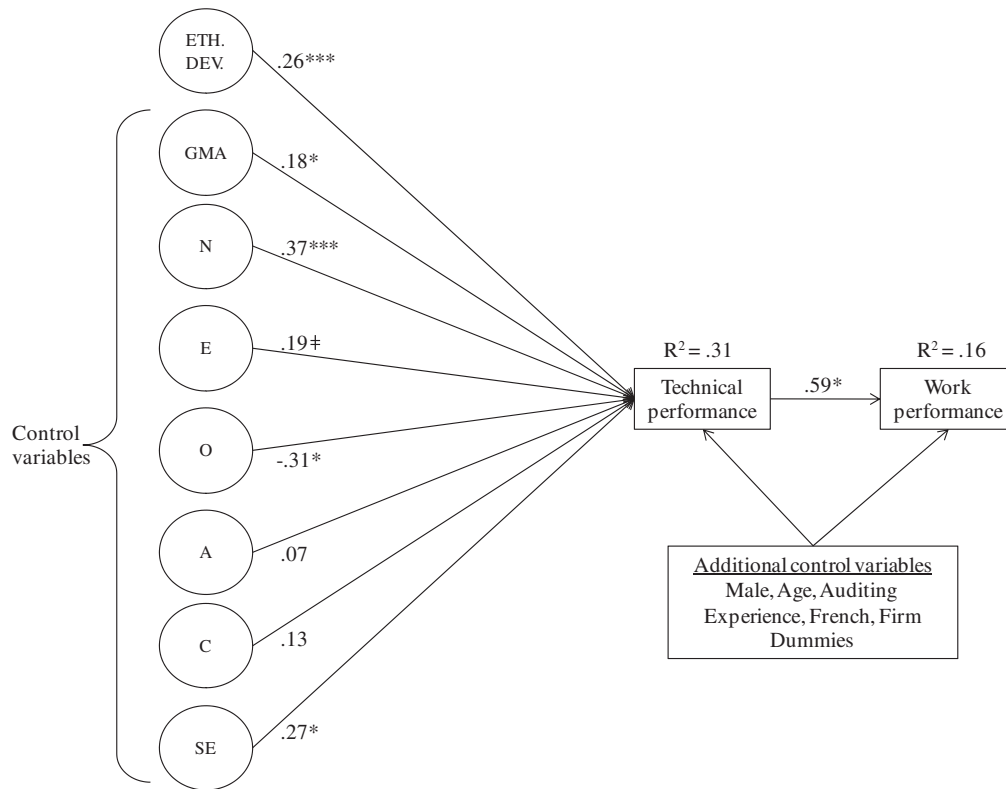
#### 3.2. Measures

##### 3.2.1. General mental ability

For the French-speaking participants, we used the French version of the 50-item Wonderlic Personnel Test (WPT Form A) to assess GMA of participants. The Wonderlic Personnel Test is a widely used and very quick to administer mental ability test and its validity has been established by previous research either for its original English version (e.g., Furnham & Chamorro-Premuzic, 2004) or the French version (e.g., Rousseau & McKelvie, 2000). Because there is no German version of the Wonderlic Personnel Test, we used ZVT (Der Zahlen-Verbindungs-Test; Oswald & Roth, 1987) and WST (Wortschatztest; Schmidt & Metzler, 1992) to measure the GMA of the German-speaking participants. These tests are, respectively, measures of fluid (cf. Vernon, 1993) and crystallized (verbal) ability (cf. Merten, 2005), and do not require much time to complete. We standardized scores within the two language groups and pooled the data.

##### 3.2.2. Ethical development

We used the DIT1 (Rest, 1986) to measure ethical development. We used a French version (translated by A. Andronikof and L. Chudzik of University of Paris-Dauphine) and German version (translated by G. Lind of University of Konstanz), with minor modifications according to the characteristics of the specific Swiss context. DIT1 consists of six vignettes, requiring respondents to take a position and rate the courses of actions for those decisions.



**Fig. 1.** Structural Equation Model Estimates (standardized). \*\*\* $p < .001$ , \*\* $p < .01$ , \* $p < .05$ , † $p < .10$ ;  $n = 460$ . Firm fixed effect contribution to  $R^2$  is .04 (work performance) and .03 (technical performance). Eth. Dev. = ethical development, GMA = general mental ability, N = Neuroticism, E = Extraversion, O = Openness, A = Agreeableness, C = Conscientiousness, SE = self efficacy.

We used the  $p$ -score (the proportion of items that reflect the highest level of ethical development) as an indicator performance on the test as is conventionally done (cf. Sweeney & Fisher, 1998).

### 3.2.3. Personality

We measured the personality (i.e., Neuroticism, Openness to Experience, Conscientiousness, Agreeableness, and Extraversion) of participants using the official French and German NEO revised personality inventory, NEO PI-R (Costa & McCrae, 1992). We also controlled for general self-efficacy (which we translated to French and German, taking the usual precautions,  $\alpha = .84$ ) (Chen, Gully, & Eden, 2001), given that this disposition is strongly related to work outcomes (Stajkovic & Luthans, 1998); furthermore its inclusion is justified given that self-efficacy might not be adequately captured by the big five inventory (Caprara, Barbaranelli, Pastorelli, & Cervone, 2004).

### 3.2.4. Technical performance

We used the grades which the participants obtained in the end of the theoretical part of the training program to measure technical performance. Because the French and German group of participants were taught by different experts that might use a different grading scale, we first standardized within language group before pooling the data.

### 3.2.5. Work performance

We based the work-performance measure on the six dimensions of Day and Silverman (1989, pp. 28–29) scale, which assessed the work performance of accountants. The work-performance scale included the following items: “demonstrates strong potential to succeed in the auditing profession,” “masters the technical aspect of his/her work,” “accomplishes his/her task within deadlines,” “earns the confidence, respect, and cooperation of clients,” “shows a positive and professional attitude when working with colleagues at all levels,” “is willing to work extra hours to accomplish his/her

assigned tasks” ( $\alpha = .81$ ). We sent this measure to the supervisors of the trainee auditors by postal mail; they rated each item on a 1–7 Likert-type scale and returned the questionnaire to us by post.

### 3.2.6. Additional control variables

We included gender (male = 1, otherwise 0) and the language region (French = 1, otherwise 0) of residence of the respondent as control variables. We also included age and years of work experience in auditing so as to adjust for the chronological maturity and acquired practical experience of participants. Finally, because we gathered data from (a) four multinational auditing firms and (b) some smaller firms, we controlled for these fixed effects using five groups (i.e., the four big firms and one group reflecting non-big four firms); controlling for these firm-level effects is important because companies may have different selection and training policies which may correlate with individual differences and the outcomes. We thus accounted for any unobserved effects due to firms that were not explicitly measured (Antonakis et al., 2010).

### 3.3. Estimation strategy

We estimated the following system of equations (see Fig. 1):

$$\begin{aligned} \text{TechP} = & \gamma_0 + \gamma_1 \text{Ethics} + \gamma_2 \text{GMA} + \gamma_3 \text{N} + \gamma_4 \text{E} + \gamma_5 \text{O} + \gamma_6 \text{A} \\ & + \gamma_7 \text{C} + \gamma_8 \text{SE} + \gamma_9 \text{Male} + \gamma_{10} \text{Age} + \gamma_{11} \text{EXP} \\ & + \gamma_{12} \text{D}_{\text{French}} + \sum_{k=2}^5 \lambda_k \text{Firm}_k + u \end{aligned} \quad (1)$$

$$\begin{aligned} \text{WP} = & \beta_0 + \beta_1 \text{TechP} + \beta_2 \text{Male} + \beta_3 \text{Age} + \beta_4 \text{EXP} + \beta_5 \text{D}_{\text{French}} \\ & + \sum_{k=2}^5 \omega_k \text{Firm}_k + \varepsilon \end{aligned} \quad (2)$$

**Table 1**  
Descriptive statistics and correlations among study variables.

		Mean	SD	1	2	3	4	5	6	7	8	9	10	11	12	13
1	Neuroticism	43.71	9.28													
2	Extraversion	55.02	10.25	-.47												
3	Openness	50.51	8.61	-.04	.34											
4	Agreeable	47.79	9.58	.02	-.12	.05										
5	Consc.	57.07	8.24	-.43	.35	-.05	.01									
6	Self efficacy	4.00	.46	-.55	.39	.17	-.21	.45								
7	GMA	-.01	.83	.02	.16	.16	.01	-.05	.10							
8	Ethical dev.	40.49	12.06	.11	-.09	.21	.02	-.05	.01	.14						
9	Tech. perf.	.00	.99	.11	.06	-.12	-.01	.17	.17	.24	.24					
10	Work perf.	6.02	.66	.05	.04	-.06	-.03	.09	.12	.12	.16	.21				
11	French	.23	.42	.29	-.07	-.14	.09	-.15	-.29	-.01	.10	-.02	-.06			
12	Male	.71	.46	.04	-.13	-.18	.12	.00	.01	.09	-.09	.10	-.04	.01		
13	Age	27.58	3.08	-.08	-.01	-.02	-.04	.01	.04	-.17	-.01	-.09	-.02	-.17	-.01	
14	Audit exp.	1.67	.79	.04	-.10	-.04	.07	.04	-.07	-.12	-.05	-.04	.01	.04	.08	.16

Note:  $n = 460$ ; Estimation is with the EM algorithm. For  $r > |.10|$ ,  $p < .05$ ;  $r > |.13|$ ,  $p < .01$ ;  $r > |.16|$ ,  $p < .001$ .

where TechP = technical performance, Ethics = ethical development, GMA = general mental ability, N = Neuroticism, E = Extraversion, O = Openness, A = Agreeableness, C = Conscientiousness, SE = self efficacy, Male = gender dummy, Age = age, EXP = auditing work experience,  $D_{\text{French}}$  = dummy for auditors from the French-speaking region, Firm is firm-level dummy variables ( $k - 1$  dummies), and WP = work performance. As with the two-stage least squares estimator we allowed the disturbances ( $\varepsilon$  and  $u$ ) of the two equations to correlate.

Note that having stable individual differences as exogenous sources of variance insures that estimates between technical performance and work performance are not confounded and can be interpreted causally (Antonakis et al., 2010). That is, only the portion of the variance shared by the individual differences and technical performance with work performance is used to estimate the effect of technical performance on work performance, which allows for unconfounded interpretation (this estimation procedure is precisely what the two-stage least squares accomplishes when estimating causal models of this nature, see Gennetian, Magnuson, & Morris, 2008). This technique is useful because for example, supervisors who have knowledge of participants' grades may rate them higher on performance or may have selected them on their grades. This simultaneity can be corrected with our modeling procedure, and "lock-in" the causal pathway in one direction (Antonakis et al., 2010).

We estimated the system of equations (i.e., a Structural Equation Model) using Mplus's (Version 6) robust maximum likelihood estimator, which also implements the Expectation Maximization (EM) algorithm (Dempster, Laird, & Rubin, 1977); this estimator allows for the analysis of the full sample, even if an observation is missing a value on a particular variable (i.e., this avoids using list-wise deletion, which can reduce the sample size and inflate standard errors). We created indexes of unidimensional scales that had multiple items. We also specified the measurement error in the estimation procedure, which can affect consistency of estimates in the variables measured with error (i.e., GMA, the "big five", self-efficacy) as well as in correlated covariates. We modeled latent variables and used the formula provided by Bollen (1989) to constrain the residual  $\varepsilon$  of latent variable  $\xi$  to  $(1 - \rho) \cdot \text{var}_x$ , where  $\rho$  is an estimate of the reliability and  $\text{var}_x$  is the observed variance of the variable concerned.

#### 4. Results

Refer to descriptive statistics and correlations among study variables in Table 1.

The model we estimated indicated very good fit: robust  $\chi^2(7) = 3.83$ ,  $p = .80$ ; that is, the overidentifying constraints we im-

posed on this mediational model could not be rejected by the data suggesting full mediation. To demonstrate that ethical development predicts technical performance and work performance beyond GMA and personality (i.e., the hierarchical test of first adding GMA and personality in Step 1, and then adding ethical development in Step 2), we tested a second model in which we constrained the coefficient of ethical development on technical performance to zero. Given that we used a robust  $\chi^2$  test for the models, we used a nested log-likelihood difference test between the two models. The constrained model (without ethical development) was significantly worse than the unconstrained model (with ethical development):  $\chi^2(1) = 9.31$ ,  $p < .01$  (of course, this test is equivalent to testing the significance of  $\gamma_2$  in Eq. 1). Thus, there is a significant effect of ethical development on technical performance beyond GMA and personality (standardized  $\beta = .26$ ,  $p < .001$ ) supporting H1. Note, the change in  $R^2$  was .06 when adding ethical development to the model. Refer to Fig. 1 for final results.

As for the control variables, GMA and self efficacy were significantly related to technical performance. Regarding personality, we obtained some unexpected findings: Neuroticism positively predicted technical performance, and Openness was negatively related to technical performance. Contrary to previous findings, Conscientiousness was not significantly related to technical performance, though self-efficacy was. In support of H2, technical performance was positively related to supervisor-rated work performance, standardized  $\beta = .59$ ,  $p < .05$ . Interestingly, the corrected meta-analytic relation of job knowledge and work sample tests with job performance is .48 and .54 respectively (Schmidt & Hunter, 1998); our estimation procedure produced a similar coefficient.

We used the delta method procedure in Mplus (using the Sobel test with robust standard errors) to test the indirect effects of the individual differences on work performance. Ethical development indirectly predicted work performance (standardized effect = .16,  $p < .05$ ), supporting H3 (and also showing an incremental indirect effect). We also found indirect effects for GMA (standardized effect = .11,  $p < .05$ ), Neuroticism (standardized effect = .22,  $p < .05$ ), and Openness (standardized effect =  $-.18$ ,  $p < .05$ ); self-efficacy just failed to reach significance (standardized effect = .16,  $p = .08$ ).

#### 5. Discussion

The present study is, to our knowledge, the first examining the effect of ethical development on technical and work performance while controlling for established predictors as well as the fixed effects of firms. Another strength of our study is that we used two samples from two language regions (cultures), which enhances the generalizability of the findings. Substantively, our study's contributions are twofold: (a) we contribute to the individual-differences literature in demonstrating the importance of ethical

development for predicting technical and work performance; (b) our findings echo previous research (e.g., Hunton et al., 2000; Libby & Luft, 1993; Schmidt & Hunter, 2004) regarding the mediating role of knowledge in predicting work performance.

Beyond the effects of well-established individual-difference factors such as GMA and big five personality, we found ethical development to be positively related to technical performance. These results could have particular importance in the auditing profession after the scandals of late; auditing educators have taken measures to reinforce the ethical component in their education programs (e.g., Earley & Kelly, 2004). Beyond the contribution to technical performance we assume that higher ethical development will lead to ethical job-related decision-making, as previous studies suggest (Abdolmohammadi & Sultan, 2002). As an understudied individual-difference factor, ethical development should receive more attention for its contribution to critical behavioral outcomes and work performance, and should be considered in business-school educational programs.

Interestingly (and counter-intuitively), Neuroticism had a positive relationship with technical performance; there is evidence to suggest that individuals with high levels of negative affectivity (or in being in a negative mood) perform better on difficult and complex tasks (reminiscent of the tasks done by auditors) than do individuals who are low on negative affectivity (Fortunato & Williams, 2002; see also Sanna, Turley, & Mark, 1996). Perhaps neuroticism stimulates a “healthy” level of anxiety, which is a natural psychological mechanism for human beings to strive and survive in challenging circumstances (Rosen, 2008). In the case of our sample, perhaps this anxiety translated to more effort in succeeding (cf. Sanna et al., 1996). Interesting too was the negative effect of Openness; again, it is probable that the nature of our sample is such that a more prosaic and conservative disposition would make for success in a highly rules-based environment, where one cannot demonstrate too much creativity and originality. Furthermore, Conscientiousness was unrelated to technical performance because self-efficacy's effects eclipsed those of Conscientiousness (Conscientiousness was only significant, standardized  $\beta = 0.19$ ,  $p < .05$ , when we removed self-efficacy from the model).

Finally, our study confirmed that technical performance is critical in directly predicting work performance and in mediating the effects of the individual differences. As discussed before, the auditing profession may require the mastering of highly sophisticated accounting and auditing rules, standards, and procedures, which is usually developed in an academic setting. Hence, technical performance in an academic setting is a good proxy of technical work performance.

### 5.1. Limitations and future research

Although we provided some insights into predicting work performance, our results must be viewed in light of some limitations. Despite the fact that we collected the data from several sources at different times, the study was not longitudinal in nature. That is, it is not possible for us to claim clear-cut predictive validity for the individual differences (however, given that we have exogenous variables, we have confidence in the causal concurrent validity implications of our findings). Future research should consider collecting longitudinal data to establish the predictive relationships among the variables. Furthermore, some of our estimates (e.g., the effect of GMA) should be considered lower-bound, given the probable range-restriction in the observed variance of the measures.

Important aspects to consider for future empirical work are contextual effects, including the impact of task complexity, hierarchical level, company size, national culture, laws, and other contextual factors (Liden & Antonakis, 2009). Finally, it would be

interesting for future research to gather behavioral measures of ethical performance. Although inroads are being made in this area, there is still insufficient research to show how tests of ethical reasoning predict actual ethical outcomes.

## 6. Conclusion

The present research sheds light on the importance of ethical development and technical performance on work performance. Importantly, ethical development predicted technical performance beyond established individual-differences measures like GMA and the big five personality factors. In terms of the individual-difference findings, this research has important implications for educators and personnel selectors. We hope our findings will pave the way for further work on ethical development and process modeling in consequential performance environments.

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